



Annual Plan 2025/2026 Pre-School Group

Dear Parents,

The following topics will accompany us throughout the pre-school year:

Month	Theme	Brief description of the topic
August/September	My body and me	What the children will learn: - Children explore their bodies in a playful way and learn to name the body parts and their functions. - They learn how important exercise, healthy eating and personal hygiene are for their well being. - Through songs, games, stories and creative activities we encourage awareness of all our senses (touch, sight, hearing, smell, taste).
October/November	Countries and Cultures	On the topic of 'Countries and Cultures' we would like to take the children on an exciting journey of discovery around the world. The focus will be on Cultures, and ways of life in a playful way.
December	Advent und Advent Calendars	During Advent, we enjoy a lovely Advent calendar, festive Rituals, and cozy moments with songs and stories. A special highlight is the visit from Santa Claus, which the children particularly look forward to.
January/February	Numbers, Shapes and Colours	Children learn to name and distinguish colours. - They discover different shapes (e.g. circle, squares, triangle) and learn to recognise and name them. - They gain their first experiences with numbers and quantities, e.g. by counting in everyday life or while playing. - Sorting, matching and building promote logical thinking and concentration. - Creative and playful activities also help children strengthen their language skills (e.g. describing colours, naming numbers).

		• During this colourful time of year, we will visit the carnival parade in Baar. • The focus will be on fun, community, and colourful diversity.
March/April/May	Nature and the Environment	What children learn about nature and the environment: • Children discover plants, animals, and habitats in their environment and learn to observe and name them. • They learn how important nature and the environment are for all of us and how we can protect them. • Through gardening, planting, and caring for plants together, they learn to take responsibility for nature. • They gain their first experiences with seasons, weather and natural cycles. • Children learn in a playful way how we can conserve resource and avoid waste. • In doing so, we encourage curiosity mindfulness and appreciation for the environment. We spend a lot of time in the forest, where the children can experience and discover nature up close.
June/July	Animals	• The children learn about different animals - e.g. pets, farm animals or wild animals -and learn to name them. • They learn where animals live and how they behave in their habitat. • The children learn how to treat animals with care and respect. • They discover what animals need, to live (food, shelter, water). • Through observation, stories and games, they develop curiosity and understanding of the animal world. • They recognize how animals are part of nature and why it is important to protect them.

Important dates throughout the year:

05. November 2025	Parent's evening (19:00-20:30)
November 2025 & February 2026	Dental hygiene (9:00-11:00), exact date to be announced
31. October 2025	Halloween party (without parents)
November 2024	Lantern parade (17:00-19:00), exact date to be announced
05. December 2025	St. Nicholas (Santa Claus)
February 2026	Children's carnival parade in Baar (ZG), exact date to be announced
09.-13. March 2026	Parent visit week
June 2026	Summer festival (exact date to be announced).

Information about the Pre-School

Nutrition

We are committed to providing children with healthy, balanced, seasonal and varied meals. The three meals consist of lunch and two snacks (morning and afternoon). We cook fresh meals everyday and the children help out. Sweets are only served on special occasions.

Forest Mornings

Every Thursday morning, we visit the forest. Children need to wear weather-appropriate clothing and closed shoes. We spray the children with tick repellent.

Gymnastics

Gymnastic always takes place on Monday afternoons. We exercise in the Parkside premises or on the Platte sports field.

Outdoor-Afternoons and Gross motor skills

During our outdoor afternoon, children have plenty of opportunities to strengthen their gross motor skills in a playful way. Climbing, balancing, jumping and running in nature helps to develop their physical coordination, strength and endurance.

Dental hygiene

The dental hygienist visits Parkside in autumn and spring. All children are welcome to attend. We will inform you of the exact date well in advance.

Geburtstag

We celebrate every birthday with a birthday ritual. On this day, we will bake a cake with the birthday child and play fun games.

Holiday Programme

During the autumn, sports, spring and summer holidays, we offer a holiday programme for kindergarten and pre-school children. The weekly programme is displayed on the magnetic board.

Parent-Teacher Meetings

We offer at least one parent-teacher meeting per year. Parent-teacher meetings can be arranged at any time upon request.

Punctuality

We begin our morning circle **at 9:00 a.m.** every morning.

Please bring your children **by 8:45 a.m, at the latest.** It is very important to us that we can all start the day together.

We close at 7:00 p.m. If you would like to get detailed information about the day, please **pick them up by 06:55 p.m.**

If you have any questions or concerns, please do not hesitate to contact us.

We look forward to a great and exciting year together!

The Pre-school Team

Aisha, Stella, Renata, Melody und Vinci